

# CATHOLIC YOUTH ORGANIZATION / CAMP HOWARD

825 NE 20<sup>th</sup> Avenue, Suite 120, Portland, OR 97232 / Phone: 503-231-9484 / Fax: 503-231-9531

Website: [cyocamphoward.org](http://cyocamphoward.org)

## ***INFORMATION FOR CYO FOOTBALL CAMP 2009 AT VALLEY CATHOLIC HIGH SCHOOL***

Thank you for choosing **CYO Football Camp**. We look forward to having you with us for **Football Camp at Valley Catholic High School, 4440 SW 148th Ave., Beaverton, OR 97007.**

### **Transportation:**

Drop off and check in is at 7:30am. Pick up at 12:00pm. CYO/Camp Howard staff will be in attendance until all students are picked up.

**Directions from Portland:** Take Sunset Highway West to Murray Blvd. Turn left and head south. After you cross Tualatin Valley Hwy (TV Hwy) you will cross the railroad tracks. Take the first right. You will see the large brick building with the green dome. You are now on the Valley Catholic Campus. The high school is west of you – the two story white stone faced building. Take a left and then a right.

### **Registration:**

Full payment and **Health History Exam form** must be complete and received by the CYO/Camp Howard office before attending CYO Summer Football Camp. All of the forms are available on our website: [www.cyocamphoward.org](http://www.cyocamphoward.org)

Below you will find some helpful information. If you should have additional questions please contact the CYO/Camp Howard office 503-231-9484 and ask to speak with **Barb Canaday x 102.**

### **Equipment Check-Out**

Helmet, pants and pads, shoulder pads and a jersey will be handed out on Sunday, July 19<sup>th</sup> from 3:00pm - 5:00pm at the Warehouse. That location is the Airport Business Park West, 7911 NE 33<sup>rd</sup>, Suite #300, Portland, OR 97211.

**What to wear:** All football equipment. You will need to provide your own football cleats and mouth guard.

**What to bring:** Water bottle

**What NOT to bring:** Dogs are not permitted.

**If you are registered and paid in full for REGULAR SEASON FOOTBALL by the end of camp:** You will be able to keep the shoulder pads and helmet that you were issued for camp for use during the regular season. You may select three numbers you would like for the season, and we'll do our best to issue one of those for your regular season jersey. We plan to have uniform pants and jerseys available on the final day of camp as well.