

CATHOLIC YOUTH ORGANIZATION / CAMP HOWARD

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Website: cyocamphoward.org

INFORMATION FOR CYO FOOTBALL CAMP 2009 AT CENTRAL CATHOLIC HIGH SCHOOL

Thank you for choosing **CYO Football Camp**. We look forward to having you with us for **Football Camp at Central Catholic High School, 2401 SE Stark St., Portland, OR.**

Transportation:

Drop off and check in is at 7:30am. Pick up at 12:00pm. CYO/Camp Howard staff will be in attendance until all students are picked up.

Directions from Portland: Take SE Stark east to 24th (or west to 24th) one block north on 24th. Football field is on the right.

Registration:

Full payment and **Health History Exam form** must be complete and received by the CYO/Camp Howard office before attending CYO Summer Football Camp. All of the forms are available on our website: www.cyocamphoward.org.

Below you will find some helpful information. If you should have additional questions please contact the CYO/Camp Howard office 503-231-9484 and ask to speak with **Barb Canaday x 102**.

Equipment Check-Out

Helmet, pants and pads, shoulder pads and a jersey will be handed out on Sunday July 26th from 3:00pm - 5:00pm at the Warehouse. That location is The Airport Business Park West, 7911 NE 33rd, Suite #300, Portland, OR 97211.

What to wear: All football equipment. You will need to provide your own football cleats and mouth guard.

What to bring: Water bottle

What NOT to bring: Nothing but water is allowed in the Central Catholic football area (No snacks, no Gatorade, no coffee, etc.) Dogs are not permitted on the Central Catholic grounds.

If you are registered and paid in full for REGULAR SEASON FOOTBALL by the end of camp: You will be able to keep the shoulder pads and helmet that you were issued at camp for use during the regular season. You may select three numbers you would like for the season, and we'll do our best to issue one of those for your regular season jersey. We plan to have uniform pants and jerseys available on the final day of camp as well.