

CATHOLIC YOUTH ORGANIZATION / CAMP HOWARD

825 NE 20th Avenue, Suite 120, Portland, OR 97232 / Phone: 503-231-9484 / Fax: 503-231-9531

Website: cyocamphoward.org

What to Bring

This is a list of items that we suggest your child bring. Remember to label all items with your child's first and last name. Each camper is allowed **one** bag and a sleeping bag. **Keep in mind that your child will be responsible for carrying these bags.**

Clothing

- Rain coat
- Sturdy shoes
- Warm coat
- Sweatshirt or Sweater
- Long pants
- Underwear
- Socks
- T-shirts
- Swimsuits (no bikinis or tankinis)
- Tank tops
- Shorts
- Shower shoes
- Shirt to tie-dye

(Not every session will tie-dye. To be determined by arts and craft director)

Miscellaneous

- * Flashlight
- * Camera
- * Water bottle
- * Letter writing material
- Hawaiian clothes (Tuesday is Hawaiian night)
- Camper Cross
- Medication
- Store money

* Items are available at Camp Store

Toiletries

- Sun block
- Deodorant/Soap
- Insect repellent
- Towels (1 pool and 1 shower)
- Toothbrush and toothpaste
- Hairbrush
- Shampoo/conditioner

Sleeping Gear

- Sleeping bag
- Pillow
- Pajamas

THINGS NOT TO BRING TO CAMP HOWARD

The following items should be left at home. If they are brought to camp they will be taken away and returned at the end of the week.

- Cell phones
- Computer games
- iPods
- Radios
- Cassette and CD players
- Gum
- Bikini's or Speedo's
- Short shorts
- Open toed shoes
- Half shirts/Crop tops
- Makeup
- Hair dryers
- Curling irons
- Anything with slogans or symbols of sex, drugs, violence, alcohol, or other inappropriate graphics or verbiage